

Shannon Lions Club 10k and 5k Fun Run in Shannon

Wednesday 11 September 2013. 7:00 pm

Provisional Results for All Competitors in finish order.

Provisional Results for All Competitors in finish order.					Pace	Race	Race
1	0:31:21	KENNETH RODGERS,	St Johns (Clare)	M	03:08.1	629	1
2	0:36:06	PAUL RYAN,	Limerick	M	03:36.6	627	2
3	0:36:59	GER BOWEN,	Shannon	M	03:41.9	643	3
4	0:37:45	JOHN MURPHY,	Ennis Track Club	M	03:46.5	644	4
5	0:38:55	GARY WILMOTT,	Limerick	M	03:53.5	640	5
6	0:40:12	JAMES CHAMBERS,	O. C. Mills	M	04:01.2	616	6
7	0:42:01	ROBERT BRYAN,	Shannon	M	04:12.1	609	7
8	0:42:25	STEPHANIE CULLIGAN,	Clonmel A. C.	F	04:14.5	603	8
9	0:42:32	BRIAN DOLAN,	Ennis	M	04:15.2	628	9
10	0:43:45	CHRIS HARRIGAN,	Shannon Road Runners	M	04:22.5	614	10
11	0:44:08	SEAN BARRY,	Kilnamona	M	04:24.8	632	11
12	0:44:32	BRIAN MC PAUL,	Clonlara	M	04:27.2	635	12
13	0:44:47	MARY CAHILL,	Ennis Track Club	F	04:28.7	621	13
14	0:45:11	LORRAINE CARR,	Shannon Road Runners	F	04:31.1	613	14
15	0:45:24	DAVID HOGAN,	Shannon Road Runners	M	04:32.4	620	15
16	0:45:40	KARL FOGARTY,	Newmarket-on-Fergus	M	04:34.0	605	16
17	0:47:33	AOIFA FENNELL,	Sixmilebridge	F	04:45.3	631	17
18	0:47:36	DONAL O DONOVAN,	Kilrush	M	04:45.6	637	18
19	0:48:16	DARREN CRONIN,	Newmarket-on-Fergus	M	04:49.6	642	19
20	0:48:37	NOEL MULDERRIG,	Shannon Road Runners	M	04:51.7	608	20
21	0:49:33	SAMUEL LENIHAN,	Shannon Road Runners	M Juveniles	04:57.3	615	21
22	0:49:34	MARESE COAKLEY,	Ballina Co Tipp	F	04:57.4	636	22
23	0:49:44	RIONA GROGAN,	Ballina Co Tipp	F	04:58.4	634	23
24	0:49:49	DAVID MC GETTRICK,	Shannon Road Runners	M	04:58.9	611	24
25	0:50:52	JOHN O DONNELL,	Shannon	M	05:05.2	623	25
26	0:50:53	MICHAEL GAMMELL,	Shannon Road Runners	M	05:05.3	610	26
27	0:51:03	KENNETH TRINDER,	Foynes	M	05:06.3	638	27
28	0:52:30	DEIRDRE O NEILL,	Shannon	F	05:15.0	607	28
29	0:52:35	JOHN KILROY,	Ennis	M	05:15.5	622	29
30	0:53:03	MARY CONWAY,	Limerick	F	05:18.3	624	30
31	0:53:16	ROB STEPHEN,	Shannon	M	05:19.6	606	31
32	0:54:12	DIARMUID HUGHES,	Shannon	M	05:25.2	619	32
33	0:54:54	CHRIS MORRISSEY,	Shannon	M	05:29.4	630	33
34	0:54:57	SIOBHAN MC ILROY,	Shannon Road Runners	F	05:29.7	612	34
35	0:56:00	SENCA JEJE,	Shannon	F	05:36.0	626	35
36	0:56:01	EMMA DUANE,	Shannon	F	05:36.1	625	36
37	0:57:18	DAVID HENCHY,	Newmarket-on-Fergus	M	05:43.8	641	37
38	1:00:01	JOANNE CRONIN,	Newmarket-on-Fergus	F	06:00.1	618	38
39	1:00:47	SINEAD O GRADY,	Individual	F	06:04.7	604	39
40	1:01:02	ESTHER MC MAHON,	Newmarket-on-Fergus	F	06:06.2	617	40
41	1:01:08	MARIA O DONNELL,	Shannon Road Runners	F	06:06.8	645	41
42	1:02:49	JOHN MC INERNEY,	Newmarket-on-Fergus	M	06:16.9	639	42
43	0:25:11	CRAIG MC INTYRE,	Shannon	M Juveniles	02:31.1	219	43
44	0:25:13	CHARLIE J QUINN,	Clonmel A. C.	M 5k Fun Run	02:31.3	308	44
45	0:25:47	EOIN CASEY,	Shannon	M Juveniles	02:34.7	218	45
46	0:30:13	SAOIRSE SPARKES,	Shannon	F 5k Fun Run	03:01.3	305	46
47	0:30:56	VICKY GEE,	Shannon	F 5k Fun Run	03:05.6	304	47
48	0:32:33	AMY MULDERRIG,	Shannon Road Runners	F 5k Fun Run	03:15.3	302	48
49	0:33:34	SIOBHAN MULDERRIG,	Shannon Road Runners	F 5k Fun Run	03:21.4	301	49
50	0:34:07	AISLING O SULLIVAN,	Shannon	F 5k Fun Run	03:24.7	303	50
51	0:36:06	MARY MURPHY,	Shannon	F 5k Fun Run	03:36.6	300	51
52	0:55:03	PAULINE GUNNING,	Ennis	F 5k Fun Run	05:30.3	306	52
53	0:55:03	MARITA O DONNELL,	Shannon	F 5k Fun Run	05:30.3	307	53

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M 5k Fun Run

				<i>Pace</i>	<i>Race</i>	<i>Race</i>
1	0:25:13	CHARLIE J QUINN,	Clonmel A. C.	M 5k Fun Run	308	44

F 5k Fun Run

				Race	Race	
1	0:30:13	SAOIRSE SPARKES,	Shannon	F 5k Fun Run	305	46
2	0:30:56	VICKY GEE,	Shannon	F 5k Fun Run	304	47
3	0:32:33	AMY MULDERRIG.	Shannon Road Runners	F 5k Fun Run	302	48

Male 5k Juveniles

				Race	Race	
1	0:25:11	CRAIG MC INTYRE,	Shannon	M Juveniles	219	43
2	0:25:47	EOIN CASEY,	Shannon	M Juveniles	218	45

All Ladies

1	0:42:25	STEPHANIE CULLIGAN,	Clonmel A. C.	F	603	8
2	0:44:47	MARY CAHILL,	Ennis Track Club	F	621	13
3	0:45:11	LORRAINE CARR,	Shannon Road Runners	F	613	14
4	0:47:33	AOIFA FENNELL,	Sixmilebridge	F	631	17
5	0:49:34	MARESE COAKLEY,	Ballina Co Tipp	F	636	22
6	0:49:44	RIONA GROGAN,	Ballina Co Tipp	F	634	23
7	0:52:30	DEIRDRE O NEILL,	Shannon	F	607	28
8	0:53:03	MARY CONWAY,	Limerick	F	624	30
9	0:54:57	SIOBHAN MC ILROY,	Shannon Road Runners	F	612	34
10	0:56:00	SENCA JEJE,	Shannon	F	626	35
11	0:56:01	EMMA DUANE,	Shannon	F	625	36
12	1:00:01	JOANNE CRONIN,	Newmarket-on-Fergus	F	618	38

All Men

					<i>Race</i>	<i>Race</i>
1	0:31:21	KENNETH RODGERS,	St Johns (Clare)	M	629	1
2	0:36:06	PAUL RYAN,	Limerick	M	627	2
3	0:36:59	GER BOWEN,	Shannon	M	643	3
4	0:37:45	JOHN MURPHY,	Ennis Track Club	M	644	4
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9	0:43:45	CHRIS HARRIGAN,	Shannon Road Runners	M	614	10
10	0:44:08	SEAN BARRY,	Kilnamona	M	632	11
11	0:44:32	BRIAN MC PAUL,	Clonlara	M	635	12
12	0:45:24	DAVID HOGAN,	Shannon Road Runners	M	620	15